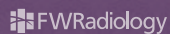




For Your Health

A joint service of:





AT THE BREAST DIAGNOSTIC CENTER,

we are committed to providing the highest quality breast imaging services. We want you to feel well cared for in a pleasant environment and encourage you to actively participate in managing your breast health. Our staff is focused on breast imaging. Radiologic technologists, who have their advanced certification in mammography, perform all exams. They are also registered with the ARRT and certified by the Indiana State Board of Health. Our experienced, board certified radiologists specialize in reading breast imaging.

Breast Imaging Center of Excellence
Accredited by the American College of Radiology for
Mammography, Ultrasound, Ultrasound Guided Breast
Biopsy, & Stereotactic Breast Biopsy.
Certified by the FDA

Early Detection

Early detection is your best protection. Breast cancer will affect an average of one in seven women during their lifetime and is the second most common cause of cancer-related deaths in women. Early detection of cancer increases effective treatment options and the possibility of a cure.

According to the American Cancer Society (ACS), 100% of stage I breast cancers can be successfully treated. All three of the following methods should be used:

- Monthly breast self-examination
- Yearly clinical breast exam by a healthcare provider
- Mammograms according to the ACS guidelines:
 - Baseline by age 40
 - Annual mammograms after age 40

Preparing for a Mammogram

A mammogram can be scheduled by you or your physician. The best time to schedule a mammogram is one week following your period. Always inform your doctor or x-ray technologist if there is any possibility that you are pregnant.

The ACS also recommends you:

- Do not wear deodorant, talcum powder or lotion under your arms or on your breasts the day of the exam. These can appear on the mammogram as calcium spots. Should you wear deodorant on the day of your exam, we provide wet wipes to remove it and spray deodorant for after your exam.
- Describe any breast symptoms or problems to the technologist performing the exam.
- If possible, obtain prior mammograms and make them available to the radiologist at the time of the current exam.
- Ask when your results will be available and do not assume the results are normal if you do not hear from your doctor or the mammography facility.

What to Expect During a Mammogram

A mammogram takes approximately 15 minutes and requires that you undress above the waist. The technologist will give you a wrap to wear.

Breast compression may cause slight discomfort for a brief time during each x-ray, but it should not be painful. If discomfort is something that worries you, MammoPads are available and may lessen your discomfort. Just ask the technologist at the time of your mammogram.

Feel free to ask our professional staff questions at any time before, during or after your exam.

Digital Mammography

At the Breast Diagnostic Center, we use Full Field Digital Mammography. Unlike film-based mammography, digital mammograms produce images that appear on the technologist's monitor in a matter of seconds.

With digital mammography, the radiologist reviews electronic images of the breast, using special high-resolution monitors. The physician can adjust the brightness, change contrast, and zoom in for close-ups of specific areas of interest. Being able to manipulate images is one of the main benefits of digital technology. Digital images can also be easily stored and copied without any loss of information then transmitted electronically, eliminating dependence on only one set of "original" films.

Screening vs. Diagnostic Mammogram

Screening mammography is an exam for women who have no symptoms of breast cancer. Diagnostic mammography may include additional views of the breast and is used when an abnormality is found during screening or in women who have breast complaints, such as a breast mass, nipple discharge, breast pain or skin irritation. A diagnostic mammogram requires a physician's order.

Show a Friend You Care program

Show a friend or family member that you care about their breast health. Sign up online and create a personalized message to remind a loved one that it is time to schedule an annual mammogram. You can also sign up to receive your own reminder each year.

Our Physicians

The Breast Diagnostic Center Physicians are made up of FWRadiology radiologists with special expertise in mammography. This means no matter what our customers' needs may be, we have the knowledge to provide specific solutions based on definitive expertise.

Bone Densitometry and IVA

The BDC offers bone densitometry, DEXA, with instant vertebral assessment, IVA, an examination of the vertebrae (the bones of the spine) performed at the time of the bone densitometry exam. Both of these examinations require a physician's order.

Francine's Friends

Francine's Friends Mobile Mammography is a specially equipped motor coach that is staffed by x-ray technologists from the Breast Diagnostic Center who specialize in mammography. The unit is furnished with the same FDA and Mammography Quality Standards Act (MQSA)-approved digital equipment as the stationary sites.

Francine's Friends Mobile Mammography unit joins forces with many local partners to offer mammography services to those who cannot regularly make it to a center due to illness, lack of transportation or any other reason that may prevent a woman from visiting. We offer life-saving services to women in Fort Wayne and the surrounding area by traveling to various community and business sites. Francine's Friends is able to bring mammography screening to women at locations more convenient to their home or work.

For more information, please call 260.266.9180.
www.francinesfriends.org



Contact

8:00 a.m. - 8:00 p.m.

Monday through Wednesday

8:00 a.m. - 5:00 p.m.

Thursday and Friday

Saturday Mornings by Appointment

For Scheduling: 260.483.1847

Appointments are preferred and can be made by calling 260.483.1847 between 8:00 a.m. and 5:00 p.m., Monday through Friday.

The Breast Diagnostic Center has locations at both Parkview North Medical Office Building and Carew Medical Park. We offer extended evening hours, 8:00 a.m. until 8:00 p.m., Monday through Wednesday. Saturday appointments are also available.

YOUR APPOINTMENT IS SCHEDULED:

NAME: _____

DATE: _____ TIME: _____

LOCATION: _____ DR.: _____

MAMMOGRAM: BILATERAL UNILATERAL

BREAST ULTRASOUND

PARKVIEW NORTH MEDICAL OFFICE BLDG.
11123 PARKVIEW PLAZA DRIVE, SUITE 201
FORT WAYNE, INDIANA 46845

CAREW MEDICAL PARK
1818 CAREW STREET, SUITE 40
FORT WAYNE, INDIANA 46805



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