

Your Appointment is Scheduled:

Breast Ultrasound

Name:\_\_\_\_\_\_\_ Time:\_\_\_\_\_\_\_

Date:\_\_\_\_\_\_ Time:\_\_\_\_\_\_

Location:\_\_\_\_\_ Dr.:\_\_\_\_\_

Mammogram: Bilateral Unilateral

Accredited by the American College of Radiology for Mammography, Ultrasound, Ultrasound Guided Breast Biopsy and Stereotactic Breast Biopsy Certified by the FDA A PATIENT GUIDE TO

Stereotactic Breast Biopsy

Located on Parkview Regional Medical Center campus (PRMC) 3707 New Vision Drive Fort Wayne, Indiana 46845

To Schedule: 260.266.8120





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## Introduction

Although mammography is an excellent way to detect breast abnormalities, it is often difficult to know if they are benign (non-cancerous) or malignant (cancerous). Stereotactic biopsy utilizes a special computerized mammography machine to locate the abnormality and obtain small samples of it. This procedure may take up to 90 minutes.

## What To Expect When You Arrive

When you arrive at the Breast Diagnostic Center, please stop at the front desk to register and have your insurance card available. Once registration has been completed, you will meet with a member of the Breast Care Team. During this short meeting, you will learn about their services that are available to you. Immediately following, the technologist, who will be with you during the biopsy, will introduce herself and ask you to change into a gown. She will then take you to the procedure room. The technologist will assist you in lying face down on a special examination table.



# What To Expect During The Biopsy

Your breast will be positioned through an opening in the table. The technologist will make sure that you are as comfortable as possible. The table will then be elevated and your breast will be gently pressed between two flat plates and a low-dose mammogram will be taken. The mammogram helps identify the area to be biopsied. Your breast will be slightly compressed throughout the procedure.

The skin of the breast will be cleansed with an antiseptic solution to help prevent infection. The physician will then administer a local anesthetic (numbing medicine) to minimize any discomfort. You may feel pressure as the biopsy is performed. Please inform the staff immediately if you have any pain during the procedure. Once the area is numb, using digital x-ray and computer generated coordinates, the physician will insert a hollow needle through the skin and into the abnormal area. Digital images will be obtained to confirm that the tip of the needle is in the proper location. Samples of the cells from the area will then be obtained. The physician may need to take more than one sample from more than one area. A final set of digital images will be obtained. After the procedure the technologist will apply pressure to the site for 5-10 minutes to prevent bleeding. A gauze dressing pad will be placed over the site. You will be awake during the procedure.

# What To Expect After The Biopsy

The technologist will provide you with written instructions on care of the biopsy site and when you can resume taking medications that were stopped prior to the procedure.

Most women will be able to resume their normal routine within 24 hours.

A pathologist will examine the cells taken during the biopsy and a report will be sent to your physician and the radiologist who performed the biopsy. This will take about 2-3 working days after the biopsy. You will be contacted about the results either by your physician or the radiologist.

If you have any questions or concerns before or after your biopsy, please call:

### **Breast Diagnostic Center**

at **260.266.8120** and ask to speak to a technologist.

#### Contact

8:00 a.m. - 6:30 p.m.
Monday and Wednesday
8:00 a.m. - 5:00 p.m.
Tuesday, Thursday and Friday
Saturday Mornings by Appointment